

Foot & Ankle Sports Medicine Centre

Acute or chronic foot or ankle conditions should not hold you back from reaching your true athletic potential. At COFAC we are dedicated to treating conditions and painful foot or ankle injuries that might be affecting your game.

Our goal is for the patient to be able to return to full function and activities. Our team of orthopedic surgeons, podiatrists, therapists and kinesologists specializing in foot and ankle problems use a multidisciplinary approach in caring for patients. Management options can range from simple exercises to major reconstructive surgery.

Conditions commonly treated at the Orthopedic Urgent Care Clinic include:

- Overuse injuries
- Fractures
- Sprains
- Shin splints & Compartment Syndrome

